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# R U L E S

OF THE

## BAND SOCIETIES.

Drawn up *December 25, 1738.*

\*\*\*\*\*THE design of our meeting, is to obey  
\* T \* that Command of God, *Confess your*  
\* \* \* *faults one to another, and pray one for ano-*  
\*\*\*\*\* *ther, that you may be healed.*

To this end, we intend,

1. To meet once a week, at the least.
2. To come punctually at the hour appointed, without some extraordinary reason.
3. To begin *(those of us who are present)* exactly at the hour, with singing or prayer.
4. To speak each of us in order, freely and plainly the true state of our souls, with the faults we have committed in thought, word, or deed, and the temptations we have felt since our last meeting.
5. To

5. To end every meeting with prayer, suited to the state of each person present.

6. To desire some person among us to speak HIS own state first, and then to ask the rest in order, as many and as searching questions as may be, concerning their state, sins, and temptations.

Some of the questions proposed to every one before he is admitted among us, may be to this effect.

1. Have you the forgiveness of your sins?
2. Have you peace with God, through our Lord Jesus Christ?
3. Have you the witness of God's Spirit with your Spirit, that you are a child of God?
4. Is the love of God shed abroad in your heart?
5. Has no sin, inward or outward, dominion over you?
6. Do you desire to be told of your faults?
7. Do you desire to be told of all your faults, and that plain and home?
8. Do you desire, that every one of us should tell you, from time to time, whatsoever is in HIS heart concerning you?
9. Consider! Do you desire we should tell you whatsoever we think, whatsoever we fear, whatsoever we hear, concerning you?
10. Do you desire, that in doing this, we should come as close as possible, that we should cut to the quick, and search your heart to the bottom?
11. Is it your desire and design, to be on this and all other occasions, entirely open, so as to speak every thing that is in your heart without exception, without disguise, and without reserve?

Any



7. To use no *needless self-indulgence*, such as taking snuff or tobacco, unless prescribed by a physician.

II. Zealously to maintain good works ; in particular,

1. To *give alms* of such things as you possess, and that to the uttermost of your power.

2. To *reprove* all that sin in your sight, and that in love, and meekness of wisdom !

3. To be patterns of *diligence* and *frugality*, of *self-denial*, and taking up the cross daily.

III. Constantly to attend on all the ordinances of God : in particular,

1. To be at church, and at the Lord's table every week, and at every public meeting of the bands.

2. To attend the ministry of the word every morning, unless distance, business, or sickness prevent.

3. To use private prayer every day, and family prayer, if you are the head of a family.

4. To read the scriptures, and meditate thereon, at every vacant hour. And,

5. To observe, as days of fasting or abstinence, all *Fridays* in the year.